

Contest rules „For the cup“

Calendar of events here

Competition is subject to general rules of competition "Children fitness alias sports against drugs"®

The competition is open to all children, even those who do not attend any sporting club. Last year we compete in our system successfully introduced a new format – a competition „For the Cup“.

- **What is the competition „For the cup“ ?** Create your own choreography and win for themselves their own cup. Cup for first place gets every single winning team.

Rules :

- **Number of members:** may attend 1 to 3 - member team
- **Age:** age is not yet limited, in the case of multiple entries create more categories
- **Topic:** essentials part of the theme is choreography. Competition for the cup is called sub-category of this theme is that competition is always the topic that portray all competitors.
- **Kind of motion :** (aerobic, zumba, majorettes, cheerleaders, street dance, oriental dance, Latin dances, gymnastics, rock and roll, disco dance, country and folk dances etc.)
- **Length of assembly:** 1 to 2 minutes. Failing to watt will be deducted points, according to general rules Children fitness.
- **Rules:** all other rules are subjekt to the systém and rules of competition "Children fitness alias sports against drugs" .

Evaluation:

- Costumes, makeup, hairstyles, dynamic design movement, and the three possible pairs of synchronized, posture. Very important is the creativity of the design theme. In addition, there evaluate compliance with the topic.
- Props, equipment, scenery

Specific information about the „For a cup“ competiton can be found in the events calendar.

Published 16.02.2009 (updated 17.04.2011)

"Children fitness alias sports against drugs" is a competition format designed especially for those who don't want to take aerobic, dance and the like on the top level but still want to have a goal in the form of prestigious international tournament with a long tradition. The basic categories (so-called Children fitness) so don't require any mandatory elements demonstrating the range or power. The main criterion for evaluation of competing individuals is the enthusiasm and efforts of children in group choreography competition is primarily the resourcefulness brought to assembly. The group choreography competiton is primarily the resourcesulness brought to assembly. „(aerobics, zumba, majorettes, cheerleaders, street




dance, oriental dance, Latin dances, gymnastic, rock'n'roll, disko dance, folk and country dances, etc.).



SKUPINOVÉ CHOREOGRAFIE



„GROUPS“

[News and adjustments in the rules for the year 2010/2011](#)   [Slovak translation](#) 

How to include your team? A brief breakdown of categories here.

Click on the icon category that you are interested.



AEROBIK

aerobic



ORIGINÁLNÍ

original



STREET

street



MAJORETTES

majorettes



CHEER

cheer



ORIENT

orient



**LIDOVÉ A COUNTRY
TANCE**

folk and country

Gymnastics



HROMADNÁ

collective



SHOW

show



SMALL GROUP

small group



O POHÁR

for a cup

Categories by type of movement - brief list

Detailed specifics of each category are listed below or click on the category.

1. **AEROBIC**
 - aerobic reports
 - Zumba - NEW
 - collective category aerobic
2. **ORIGINAL DYNAMIC** – rock'n'roll, disco, Latin dances, expressive dance
 - street dance
 - majorettes
 - cheerleaders
 - folk and country dances - NEW
 - "Collective dance" - see below
3. **ORIGINAL SLOW**
 - expressive dance, jazz dance, ballet
 - oriental dances
 - gymnastics – NEW
 - "Collective dance" – see below
4. **THEMATIC BEEN SHOW – 2011 PRINCESS theme**
 - The basic age distribution
 - **Regular service applicable to all categories of "GROUPS"**

 - **Calendar of events**
 - **General rules of competition "Children fitness alias sports against drugs"® here**

Basic age categories:

Category Preschool

average age of 3 to 6 years

/only children attending nursery school, except for 10 children in a school age child and two of 10 children/

category „Prep“

average age of 6 to 8 years

category “ Younger“

average age of 9 to 10 years

category“ Middle“

average age of 11 to 12 years

category „Older“

average age of 13 to 15 years

category „Teens“

average age of 16 to 18 years

category „Adults“

average age of 19 and more years

For all categories apply the general rules or specific for each category

Length of track: in each category is listed

Classification: see details below. Inventiveness prevails in scoring. Differences in ratings can be found in the individual categories.

Ages are divided by the number of registered teams. See general rules.



AEROBIK Category **aerobics:**

Category Preschool

average age of 3 to 6 years

/only children attending nursery school, except for 10 children in a school age child and two of 10 children/

category „Prep“

average age of 6 to 8 years

category “ Younger“

average age of 9 to 10 years

category“ Middle“

average age of 11 to 12 years

category „Older“

average age of 13 to 15 years

category „Teens“

average age of 16 to 18 years

category „Adults“

average age of 19 and more years

For all categories apply the general rules „GROUPS“.

Length of track: at least 2 minutes, at most 3 minutes (violation of time are evaluated by point deductions)

Number of team members: minimum 8, maximum 30.

Evaluation: details you can see below. Inventiveness prevails in scoring.

Specificity: If the choreography consist of 4 elements of the following sports aerobics is automatically included in the „Profi“ category aerobics (details see „Adding the category“).

For category Aerobics and Street dance also true that a team of more than 10 competitors can be up to 2 who participated in competitions organized by any group choreography ČSAE, ČMTO or other union. In the collective category (number of competitors over 25 – can be up to three such individuals) – Not for PROFI category !!




"Profi aerobics" categories

category Profi (aerobics) :

to 12 years

category Profi (aerobics) :

over 12 years

If the choreography consist of 4 elements described below will be automatically categorized as „Profi aerobics“. Elements specifying the „Profi category aerobic“ - [deatiled description here](#) 

The choreography which is the Championship of the Czech Republic ranked the 6th space, may compete only in the „Profi“ category. Championship medal in the last two years aren't allowed to start.

ZUMBA (Z-category) NEW

Age categories are dividend by the number of candidates.

For all categories are valid the general rules „GROUPS“(At the end of this document).

Length of track: at least 2 minutes, at most 3 minutes! (violation of time are evaluated by point deductions)

Number of team members: minimum 8, maximum 30.

Evaluation: details see below. Inventiveness prevails in scoring.

Specificity: The evaluation will be a big emphasis on spontaneity.



Numerous teams (collective) – an innovative rules

Category Numerous teams – Aerobic, gymnastic and like this. **has no age limit**

Category Numerous teams - Dance **has no age limit**

For all categories are valid the general rules „GROUPS“(At the end of this document).

In this category you can start any dance choreography or sporting style.

The assembly shall meet at least 3 of these 6 conditions.

Scattering of age differences between oldest and youngest should be at least 6 years.

Children evelyhly represented in at least three basic age categories Children fitness.

Costume at least two or more colors or types. (Meaning that some competitors have a kind of costume and some other.)

Tools and scenery – tools and scenery must be used during assembly and be linked with the overall theme of the report.

5 x change shape formation

at least two **different musical styles**

The story – read story line. It must be clear beginning, middle and end.

Video preview

Length of track: at least 2 minutes, at most 4 minutes! (violation of time are evaluated by point deductions, see the general rules).

Number of team members: at least 25 members.

Evaluation: Inventiveness prevails in scoring. A greater number of trainees is positively reflected in the scoring.

Specificity : the team can be maximum of 2 who participated in competitions organized by any group choreography ČSAE, CDO or other union. In the collective category (number of competitors over 25 – can be a maximum of 3 such individuals) – Not for category PROFÍ !!



ORIGINALNÍ

original



STREET

street



MAJORETTES

majorettes



CHEER

cheer



ORIENT

orient



**LIDOVÉ A COUNTRY
TANCE**

folk and country

Category "ORIGINAL" and its subcategories:

- category „Original Slow“ (expression dance, Latin dances, "Oriental dances" , "Gymnastic";" Folk and country dances" - NEW FOR 2011.)
- category „Original Dynamic“ (rock´n´roll, disco, Latin dances, „Street dance“ (Hip hop, funky, etc.) , „Majorettes“ , „Cheerleaders“, etc.)

For all categories are valid the general rules „GROUPS“.

Number of team members: minimum 8, maximum 30

Length of track: at least 2 minutes, maximum 4 minutes (violation of time are evaluated by point deductions)

Evaluation: details see below. Inventiveness prevails in scoring.

Categorization: Championship finalists Czech Republic in given sport may compete only in the „Profí“ category if it is listed. Medal of the Championship is not allowed to start.



Category „STREET DANCE“

- **Age category** - up to 8 years , from 9 to 13 years, and over 14 years
- For all categories are valid the general rules „GROUPS“.
- **Length of track:** at least 2 minutes, maximum 4 minutes! (violation of time are evaluated by point deductions).
- **Number of team members:** minimum 8, maximum 30.
- **Evaluation:** details see below. Inventiveness prevails in scoring. Processing idea ideas happening is also highly rated.
- **Specificity:**
- Solo dances during the choreography allowed but mustn't prevail. Evaluate the group synchronization.
- For category Aerobics and Street dance also true that a team of more than 10 competitors can be a maximum of 2 who participated in competitions organized by any group choreography ČSAE, ČMTO or any other union. In the collective category (number of competitors over 25 – can be up to 3 such individuals) – Not for category PROFI !!
- If the choreography includes the following elements of the above or otherwise meets the specifications of professional category is automatically included in the „Profi“ category.



"PROFI STREET DANCE"

Category Profi (street dance) : has no age limit
Street dance rules apply.

If the choreography contains one of the following elements will be automatically included in the category „Profi Street Dance“.

- **acrobatics**
- **more than 4 elements of break dance**
- **elements on the ground and gymnastic elements**

The choreography which the Czech Republic Championship – FISAF, CSAE, CDO positioned to 6th place may compete only in the „Profi“ category. Championship medal in the latest two years is not allowed starting.



Category „MAJORETTES“

Age category - 12 years and over 12 years

For all categories are valid the general rules „GROUPS“ (at the end of this document).

Entrance: length up to 1 minute. With music or without music. Music you should have your own.

Length of track: at least 2 minutes, maximum 4 minutes! (violation of time are evaluated by point deductions)

Number of team members: minimum 8, maximum 30.

Evaluation: details see below. Inventiveness prevails in scoring.

Specificity: if the choreography contains one of the following elements will automatically included in the Professional category. Details see below.



"PROFI MAJORETTES"

Category Profi (majorettes) : has no age limit

The rules majorettes.

If the choreography contains one of the following elements will be automatically included in the category „Profi majorettes“.

- more than one turn the wand
- twirling
- elements on the ground and gymnastics elements

The choreography which the Czech Republic Championship – NBTA ranked to 6th place may compete only in the „Profi“ category. Czech Republic Championship medal in the last two years is not allowed starting.



Category CHEERLEADERS

The choreography which the Czech Republic Championship – NBTA ranked to 6th place may compete only in the „Profi“ category. Czech Republic Championship medal in the last two years is not allowed starting.

For all categories are valid the general rules „GROUPS“.

Length of track: at least 2 minutes, maximum 4 minutes! (violation of time are evaluated by point deductions).

Number of team members: minimum 8, maximum 30.

Evaluation: details see below. Inventiveness prevails in scoring.



Category "PROFI CHEERLEADERS"

Category Profi CHEERLEADERS : **has no age limit**

The rules majorettes.

If the choreography contains one of the following elements will be automatically included in the category „Profi CHEERLEADERS“. Details see below.

- **acrobatics**
- **gymnastic elements**
- **pyramids with the 3rd floor**

The choreography which the Czech Republic Championship – NBTA ranked to 6th place may compete only in the „Profi“ category. Czech Republic Championship medal in the last two years is not allowed starting.



Category "Oriental dances"

Age category: 12 years and over 12 years

For all categories are valid the general rules „GROUPS“.

Number of team members: at least 8, at most 30

Length of track: at least 2 minutes, maximum 4 minutes (violation of time are evaluated by point deductions)

Evaluation: details see below. Inventiveness prevails in scoring.

Specificity: great emphasis is put on the hairstyle, costume and makeup

Categorization: Championship finalists Czech Republic in the sport may compete only in the „Profi“ category if it is listed. Medal of the Championship is not allowed to start.

Video winner from non-rolling round

Category Gymnastic NEW

Age category: has no age limit

For all categories are valid the general rules „GROUPS“

Length of track: at least 2 minutes, maximum 4 minutes! (violation of time are evaluated by point deductions)

Number of team members: minimum 8, maximum 30

Evaluation: details see below. Inventiveness prevails in scoring.

Categorization: Championship finalists Czech Republic in the sport may compete only in the „Profi“ category if it is listed. Medal of the Championship is not allowed to start.

Video: semifinal round 2010



Category Folk and country dances - NEW

Age category: has no age limit

For all categories are valid the general rules „GROUPS“ (at the end of document)

Number of team members: minimum 8, maximum 30.

Length of track: at least 2 minutes, maximum 4 minutes (violation of time are evaluated by point deductions)

Evaluation: details see below. Inventiveness prevails in scoring.

Categorization: Championship finalists Czech Republic in the sport may compete only in the „Profi“ category if it is listed. Medal of the Championship is not allowed to start.



Thematic categories

Category Show



"GROUPS" - Theme for 2011 - Princesses

Has no age limit.

For all categories are valid the general rules „GROUPS“ (at the end of document)

Number of team members: at least 8, upper limit unlimited, more is an advantage

Length of track: at least 2 minutes, maximum 3 minutes (violation of time are evaluated by point deductions).

Evaluation: details see below. Inventiveness prevails in scoring. In addition to traditional assessment, there are also evaluated compliance with the topic.



Small teams "SMALL GROUPS" – The competition "For the cup" :

The general rules of competition GROUPS

Number of team members: 1 to 3-member team

Length of track: 1 - 2 minutes (violation of time are evaluated by point deductions).

Evaluation: details see below. Inventiveness prevails in scoring. In addition to traditional evaluation are also assessed compliance with the topic.

Traditional themes are: Christmas, Easter and the Princesses. Places where the competition For the cup you will find in the calendar of events.

Contest rules group choreographed

CATEGORIZATION:

- The ages we include average teams by age group. Important is the age on the day of the competition. (Individuals may be younger or older, average age is crucial groups – in the average true mathematical rule for rounding).
- The correctness of categorization corresponds to the coach.
- Children must have health insurance cards for possible confrontation.
- In the case of non-age laws of each category a group may be disqualified.
- **PROFI CATEGORY**
- Championship finalists Czech Republic of the individual unions are usually at our inclusion in the „Profi“ category. It concerns one of the styles in the styles of Street dance, Cheerleaders, Majorettes, Aerobic.
- For category Aerobics and Street dance also true that a team of more than **10 competitors can be up to 2 who participated in competitions organized by any group choreography ČSAE, ČMTO or any other union. In collective category**

(number of contestants over 25) – a maximum of 3 such individuals) –Not for category PROFI!!

- Championship Czech Republic has always held the Sports Association.
- For all categories of the championship medal in the last two years the start is not allowed at all!
- The other rules included in the „Profi“ category see the individual categories.
- „Profi“ category is not listed for categories of Folk dances, Oriental dances and Country dances for the year 2010/11.

NUMBER OF TEAM MEMBERS

- Minimum and maximum number of team members are listed in each category.
- For failure to comply with the minimum number of team members or exceeded the maximum number is in the final evaluation team charged 10 points for every improperly included a member. Exceptions can be granted only by the organizer semifinal round. Exception doesn't apply to start in the Finals. Any non-compliance is punished by a point deduction.

POINT PRECIPITATION

- For failure to comply with the minimum number of team members or exceeded the maximum number is in the final evaluation team charged 10 points for every improperly included a member.
- Violation of time are evaluated by point deductions also.
- Exceptions can be granted only by the organizer semifinal round. Exception doesn't apply to start in the Finals. Any non-compliance is punished by a point deduction.

ROLLING KEY

- Number of teams advancing determines the representative associations „Children fitness alias sports against drugs“. Due to a sense of competition to inspire as many children progressing normally 55% - 75%.
- From the non-rolling space it is possible to participate in the next semifinal round in the same country and try to carve out a procedure.

WHAT CAN AND CAN' T CONTAIN CHOREOGRAPHY:

- Allowed to use all the available styles of dance and aerobics.
- Properties are allowed different safety criteria /sharp objects are prohibited/.
- The speed of music is without any restrictions – song length is given for each category.
- The theme, costume and music they have to and must be suitable for the age. Costume must cover a sufficiently intimate body parts. (failure to comply with the rules can be punished by disqualification).

ORGANIZATIONAL RULES BEFORE COMPETITION

- A participant may compete in multiple choreographies. For each additional start pays about 30 CZK more – the exact amount determined by the organizer according to the specific costs of the action.
- Each participant may compete at most 5 times. Of the more than 3 times in one category.
- If the minimum number of 4 teams in the category, the organizer in consultation with the representative associations „Children fitness“ right to merge into one category or not open at all.
- Trainer is obliged to check if his/her children are on the starting list!!! In case of discrepancies should notify the organizers at least 24 hours before the event.
- The organizer is obliged to place the starting list on the Web site at least 72 hours before the event.
- The organizer determines the starting order of teams and categories.

ORGANIZATIONAL GUIDELINES FOR COMPETITION:

- If the onset of the competitors must be ready all the competing teams before competition starts on ceremonial.
- The team must be ready to take the report and have passed the music sound engineer at the time the announcer declares the name of the team. Each choreographer must have a separate CD.
- In presenting each team will check the accuracy of the dates sent from the form, corrects any discrepancies (changed the number of competitors, category, etc.).
- Music recordings: each properly labeled CD with one song for one piece. The team passes the instructions specific music competitions.

ASSESSED:

- „Children fitness“ evaluation rules are created exclusively for this competition and have their own characteristics. We evaluate mainly creativity and scoring is specifically adapted to each category. Evaluation is not adjusted for other competitions.
- Resourcefulness! (various properties, theme originality, wit, construction choreography – segmentation, transitions, variety) **It is advantageous to use any safety equipment.**
- The term contact with the viewer (facial expressions, gestures, smiles,...)
- Movement skill and readiness of children (presentation of children in the spontaneity of movement, posture). However, there are no mandatory elements.
- Synchronization, dynamic design.
- Hairstyles, makeup and clothes creativity (ATTENTION to the age appropriateness and covering intimate body parts).
- Positive also evaluates the entrances and exits.
- For any breach of the fundamental rules in the final evaluation will be deducted points (for example, the number of starters, maximum and minimum length of track etc.)
- Assesses the overall behavior of children in the competition and outside appearances. The jury has the right to deduct points for inappropriate behavior and coaches, children and parents throughout the event.
- Protests against the resulting evaluation can't serve.
- For all categories except Profi – in prevails scoring creativity.

- Profi category – although the scoring technique of the prevailing movement, synchronization, dynamic, substantial weight is also placed on the evaluation of invention, wit and enthusiasm of children choreography. – to preserve the idea of competition.

Thank you and we look forward to meeting you at competitions „Children fitness alias sports against drugs“®

Your team Children fitness

Rules "ONE IN GROUP" - detailed

Published 16.08.2008 (updated 22.03.2011)

Children practiced under the guidance of coaches who try to imitate best practice presented to an instructor, in some categories make up a large part of the exhibition. Girls have unique opportunity to get YOUR MEDAL without having to own choreography think.



INDIVIDUAL COMPETITION – Calendar of events

Slovak translation rules OIG



Children practiced under the guidance of coaches who try to imitate best practice presented to an instructor, in some categories make up a large part of the exhibition. Girls have unique opportunity to get YOUR MEDAL without having to own choreography think.

News and adjustments in the rules 2010/ 2011

The general rules „Children fitness alias sports against drugs“® you can see here

Rules of the "ONE IN GROUP" – Children fitness of individuals

BACKGROUND FOR THE AGES „OIG“:

category „Nursery“

3 - 6 years

<u>category „Preparatory school“</u>	7 - 8 years
<u>category “ Younger“</u>	9 - 10 years
<u>category“ Middle“</u>	11 - 12 years
<u>category „Older“</u>	13 - 15 years
<u>category „Teens“</u>	16 - 18 years
<u>category „Adults“</u>	19 and more years

Categories are divided by fullness, not in the category of at least 10 competitors organizer has the right category to merge or not to open at all.

CATEGORY BREAKDOWN BY TYPE OF MOVEMENT

- **AEROBICS - video , II. video**
- - ages according to the number of registered
- **STREET DANCE**
- up to 12 years – an essential part of the exhibition (big emphasis is placed on exhibition.)
- **STREET DANCE**
- over 12 years – an essential part of the exhibition (big emphasis is placed on exhibition.)
- **ORIENTAL DANCES - NEW** according to trainer video (exhibition) video Otrokovice video older categories
- - an essential part of the exhibition (big emphasis is placed on costumes, hairstyles, makeup.)
- **CHEERLEADERS - NEW**
- - an essential part of the exhibition (big emphasis is placed on showmanship)
- **ZUMBA - NEW video demonstration**
- - emphasis is placed on the ability to capture and remember the choreography and express their personalities in the implementation of elements
- **Profi category aerobic**
- - to 12 years, the emphasis is also on the condition, exercise is a physically demanding
- **Profi category aerobic video**
- - over 12 years, the emphasis is also on the condition, exercise is a physically demanding

CATEGORIZATION:

- The decisive factor is age on the day of competition.
- The accuracy of categorization corresponds to the coach or parent.
- The competition, children must have health insurance cards or copies of them for a possible confrontation.
- For larger numbers of children ages are adjusted to have the greatest number of children a chance to put up. Age range will be adjusted in this case.

THE RULES INCLUDED IN THE PROFI CATEGORY AEROBICS

- A competitor who in the past 2 years participated in the final Championship of the Czech Republic – Aerobic Master Class or any other championship contest organized

by one of the sports federations competition may participate only in „Profi“ category, if it is listed, medal is not allowed to start.

- Competitors who are members of sports teams ČSAE may compete only in the „Profi“, if it is listed.

ROLLING KEY

- Number of individuals advancing determines representative associations“Children fitness alias sports against drugs“.
- From the non-rolling space is possible to participate in the next semi-final round and try to carve out a procedure.

ASSESSED:

- Technique of the individual movements
- Ability to capture and remember choreography
- Poise
- Makeup, costumes, hairstyles (adequate age racer)
- The expression, enthusiasm, dynamism
- Elements that indicate readiness of children in the range of motion and strength are assessed only in „Profi“ category.
- Overall impression.
- In each category, announces teacher who gets Miss Congeniality award.
- Finally, evaluation can be taken of the Chief Judge athlete behavior (outside the racing surface). In severe deficiencies can be deducted points racer in the overall evaluation.
- Wrong classification in the age category is grounds for disqualification of the competitor.
- Clothing inadequately covering the intimate parts of the body is grounds for disqualification of the competitor.

General rules for all competitions Children fitness

"Children fitness alias sports against drugs" is a competition format designed especially for those who don't want to take aerobic, dance and the like on the top level but still want to have a goal in the form of prestigious international tournament with a long tradition. The basic categories (so-called Children fitness) so don't require any mandatory elements demonstrating the range or power. The main criterion for evaluation of competing individuals is the enthusiasm and efforts of children in group choreography competition is primarily the resourcefulness presented to assembly. Already 6 years ago, we based on the interests of children and dedicated to the industry in performance-form open category of „Profi“ (see rules). Part of the finale of group choreography takes place as usual, many times in exclusive areas of Prague's O2 Arena. Since 2010 is an international competition. The competition is dividend into several basic parts, take place as progressive as non-rolling system.

„Children fitness alias sports against drugs“®



Talk about the competition:

Here are brief instructions on how to include your children in the competition group choreography.

„ONE IN GROUP“ – individual in the group (aerobics, street dance, cheerleaders, oriental dance and zumba) Children practiced under the guidance of coaches who try to imitate best practice presented to an instructor, in some categories make up a large part of the exhibition. Girls have unique opportunity to get YOUR MEDAL without having to own choreography think.

„GROUP CHOREOGRAPHIES“ "GROUPS" (Aerobics, Zumba, Majorettes, Cheerleaders, street dance, oriental dance, Latin dances, gymnastics, rock'n'roll, disko dance, folk and country dances etc.) Teams of children from 8 to 30 members broken down by type of movement, number and age, see rules. Here are brief instructions on how to include your children in the competition.

"FOR THE CUP" - "SMALL GROUPS" - Themselves create the choreography on this topic to a particular contest and win for themselves their own cup. Cup in the first place is awarded each individual in the group that won. Here are brief instructions on how to include your children in the competition.

GENERAL PROVISIONS

Founder Franchise Children fitness:

- o civic associations „Children fitness alias sports against drugs“
- o www.detifitness.cz

Chairman of the associations Children fitness:

- o Mirka Hadrboľcová
- o tel: 608 735 523
- o mirka@detifitness.cz

The Czech Republic

Vice– Chairman of the associations Children fitness and Managing Director Association for Moravia

- o Hana Srncová
- o Tel.: + 420 604 260 837
- o h.srncova@detifitness.cz

Organizer **semifinal Bohemia**

o Jana Haburová

o Tel.:

email contact for applications

prihlasky@detifitness.cz

Slovakia

- **slovensko@detifitness.cz**
- www.detifitness.sk
-

Looking for a local representative for Croatia, Poland and Germany. Man knowledgeable local conditions. If you are interested call + 420 608 735 523.

GENERAL CONTEST RULES

General rules are valid for all competitions and assign the progressive individual and group choreography „Children fitness 2010/2011“.

The only valid version of the rules of the „Children fitness alias sports against drugs“® is the www.detifitness.cz !

CATEGORIZATION:

- The team that is prepared for any championship contest organized by one of the unions (ČSAE, ČMTO and below) may compete only in the category „Profi“, if it is listed.
- The decisive factor is age on the day of competition.
- The accuracy of categorization corresponds to the coach.
- Children must be at the competition health insurance cards or copies of them for a possible confrontation.

GENERAL RULES INCLUDED IN THE „PROFI“ CATEGORY

- Championship finalists Czech Republic in the individual unions are usually included in our „Profi“ category, more detailed rules.
- It is a Street dance, Cheerleaders, Majorettes, Aerobics.
- For all categories of the championship medal Czech Republic start is not allowed at all! (Championship of the Czech Republic is always organized by the Union).
- Other rules included in the „Profi“ category, see the detailed rules "**OIG**" and "**GROUPS**"

ROLLING KEY

- The number of advancing teams or individuals determines the representative association „Children fitness alias sports against drugs“.

- If for larger numbers of children are ages adjusted to have the greatest number of children a chance to place themselves. Age range will be adjusted in this case.
- From non-rolling place is possible to participate in the next semi-final round in the same republic and try to carve out a procedure.

JURY AT COMPETITIONS „CHILDREN FITNESS“

- At all competitions Children fitness is composed of professionals and amateurs.
- The jury is represented by people from the field of dance, aerobics, gymnastics and so on. But there are also representatives from the field of cosmetics, makeup, hairstyles, clothing design etc.
- We are trying to change the jury to avoid feedback from previous years.
- More decision-making, point deductions and exemptions for the semifinal rounds, see the detailed rules
- The jury is composed of 4 to 5 jurors + 1 judge (this assessed. The judge merely enforcing the rules. In the case of a tie gives a crucial point and, when necessary, point deductions.)

ASSESSED

- Poise
- Children's enthusiasm, spontaneity of movement
- Costumes, makeup, hairstyles
- Group creativity
- The referee has the right to inappropriate behavior of children and parents outside the contest area deduct points.
- Protests against the resulting evaluation can't serve.
- See more detail on the evaluation of detailed rules.

APPLICATION:

- If the application is delivered to the proper form on the website Children fitness in due course, is at the discretion of the authorized person if the application is not accepted into the competition. If so, that will be charged a penalty for late delivery.
- The finale is necessary to send a FORM AGAIN.
- It is necessary to fill a valid email address and telephone!

ORGANIZATIONAL GUIDELINES BEFORE COMPETITION

- Trainer is obliged to check if his/her children are on the starting list!!! In case of discrepancies should notify the organizers at least 24 hours before the event.
- The organizer is obliged to place the starting list on the website at least 72 hours before the event.
- A participant may compete in multiple categories or choreography. For each start to apply. The exact amount determined by the organizer according to the specific costs of the action.
- Each participant may compete a maximum of 5 times. Of the more than 3 times in one category.

- Entry fee must be paid before the event so that it is credited to the account of „Children fitness“ at least two days before the event!!

ORGANIZATIONAL GUIDELINES FOR COMPETITION

- The team or individual must be prepared to take a report when an announcer declares the name of the team.
- To say a sentence about team entry.

WORD OF THE FOUNDING MEMBERS:

- If the minimum number of 4 teams in the category, the organizer in consultation with the representative associations „Children fitness“ right to merge into one category or not open at all.
- The order of starting teams and categories determined by the organizer. Typically, the earliest start younger category, then follow the older category.
- EXCEPTIONS
- Organizer semifinal round has the right to grant an exception: the number of children starting and in the length of the report. Exception is not valid **START FOR THE FINALS!!** The final is a non sanctioned rules without exception.

We offer a basic division of competition for Children fitness - "GROUPS"



Children up to competition „GROUP CHOREOGRAPHY“ classified according

- number of team members
- movement style
- training intensity

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• **BY NUMBER OF MEMBERS OF THE TEAM**

- 1 to 3-member teams – a competition „FOR THE CUP“- small groups
- 8 to 30-member teams – „GROUP CHOREOGRAPHY“ „Groups“
- 25 and over – Collective category

• **MOTION BY STYLE -„GROUPS“ AND COLLECTIVE**

1. **AEROBICS**
 - aerobic sets
 - reports in the style of Zumba - **NEW**
 - collective aerobics category
2. **ORIGINAL DYNAMIC**
 - rock'n'roll, disco, Latin dances
 - reports in the style of Street dance
 - majorettes
 - cheerleaders
 - folk and country dances - **NEW**
 - collective dance
3. **ORIGINAL SLOW**
 - oriental dances
 - gymnastic – **NEW**
 - expressive dance, jazz dance , ballet
 - collective dance
4. **THEMATIC SHOW**

AND, FINALLY, BY LEVEL OF PREPAREDNESS AND INTENSITY TRAINING

1. Category Children fitness

(Fitness level of children means that these categories are open to all children who train recreationally and don't pay a given professional activity.)

2. Category „Profi“

(In some categories is still listed PROFI given specifics, see the rules.)